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This resource can be downloaded at www.trend-uk.org

Injection Technique Matters – Best Practice in Diabetes Care is supported by



Toolkit

Welcome to your Injection Technique Matters Toolkit

This toolkit has been developed as a guide to help people with diabetes who inject. Good injection technique ensures that you get the most out of your injectable therapy and achieve the best blood glucose control possible while avoiding complications associated with poor injection technique.

This toolkit has been developed by the Injection Technique Matters Board and reviewed by people with diabetes:



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